

# GIM: Professional Training Program, Level I

Five-day intensive workshop providing the foundational base for the Bonny Method of Guided Imagery and Music (GIM).



**Brief Description of GIM:** The Bonny Method of Guided Imagery & Music is a powerful technique for personal transformation that uses specifically selected music to explore and unlock inner tension, ingrained experiences, and static creativity. It is a holistic, consciousness-expanding therapy that can help to ground and transport clients as they journey inward, increasing unification of inner and outer realities.

## Content includes:

- Historical, philosophical and theoretical perspectives
- Guiding skills
- The introduction of six Level I music programs
- The role of music as co-therapist
- The power of imagery
- Using mandalas as a creative processing technique
- The use of GIM for individual and group work

*Completion of Level I and application are required for acceptance to Level II.*

**Tuition:** \$595 plus \$300 for room & board, for a total of \$895.00

**Location:** Ambrosia Farm Bed & Breakfast, Floyd VA

**Dates:** March 14-18, 2019

**Lead Instructor:** Barb Davis, LPC, FAMI

**Assistant Instructors:** Jess Talley-Haynes, MS, FAMI, FMCHC, Resident in Counseling and Shannon Khalifa, MS, MT-BC, FAMI